

## Information for patients



Easyhaler®



\*Compared with Turbohaler®

This leaflet is for patients who have been given an Easyhaler for the treatment of asthma or chronic obstructive pulmonary disease (COPD)



## Why have I been given an Easyhaler?

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You have been given an Easyhaler because your healthcare professional thinks that this will help improve your asthma or COPD. Although it is not possible to cure these conditions, the medicines contained within your Easyhaler will improve your symptoms and help make you feel better.

## What is an Easyhaler?

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An Easyhaler is a device used to help you inhale medicines for the treatment of asthma and COPD. It is small and easy to use, and is used every day by millions of patients all around the world.

There are five types of Easyhaler, containing different medicines, which are distinguished by differently coloured caps. The Easyhaler you have been prescribed will depend on the treatment your healthcare professional recommends.



# How do I use my Easyhaler?

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The Easyhaler is easy to use according to the three following steps:

## Shake



- Remove the dustcap from the mouthpiece.
- Shake the inhaler while keeping it upright.

## Click



- Hold the inhaler between finger and thumb and squeeze once until you hear a click, then let it click back to its original position.
- The dose is now ready to be inhaled.

## Inhale



- Breathe out normally.
- Place the mouthpiece in your mouth and close your lips around it. Take a deep breath through the inhaler.
- Remove the mouthpiece from your mouth, hold your breath for a few seconds, and then breathe normally. Once you can feel a slightly sweet taste in your mouth, you know that you've received your dose.

Always take Easyhaler as prescribed. Carefully read the patient information leaflet inside the pack. If you have any questions about your treatment, talk to your doctor or nurse.

## How do I know if the Easyhaler is about to run out?

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Easyhaler comes with a clear counter showing how many doses are left. The counter turns after every fifth dose. The number of doses remaining is shown in intervals of ten. The background turns red when there are 20 doses left. You should make sure that you have a new inhaler available when this occurs, and change to a new inhaler once the counter shows 0, even if you can still see powder through the window on the back of the inhaler.

## What should I do if I forget to take my medication?

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If you forget to take a dose do not worry. Take your next dose when it is due. Do not take a double dose to make up for a forgotten dose.



## What happens if I take too many puffs on my inhaler?

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It is important that you take your dose as stated on the pharmacist's label or as advised by your healthcare professional. You should not increase or decrease your dose without seeking medical advice. If you have taken more puffs than recommended, you should contact your healthcare professional immediately.

## If my healthcare professional changes my treatment will I need to switch to a new type of inhaler?

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A number of different medicines that are used to treat asthma and COPD are available in an Easyhaler device. This means that if your healthcare professional changes your treatment, you shouldn't necessarily have to switch to a different type of device.

# Where can I access further information?

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(insert links to local patient support groups)





# Easyhaler<sup>®</sup>

The asthma and COPD range  
designed with patients in mind



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For full SPCs and to check availability  
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